

MY ALLAH SERIES

ALLAH GIVES US FOOD



SUGGESTED
AGES
3+

KISA KIDS PUBLICATIONS
GUIDED BY MOULANA NABI R. MIR (ABIDI)

Disclaimer: Religious texts have ***not*** been translated verbatim so as to meet the developmental and comprehension needs of children.

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Kisa Kids Publications

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Dedication

This book is dedicated to the beloved Imām of our time (‘aj). May Allah (swt) hasten his reappearance and help us to become his true companions.



Original Author

Brother Ghulām Riḍa Ḥaydarī Abharī



Acknowledgments

Prophet Muḥammad (ṣ): On the Day of Resurrection, the ink of the scholars will be weighed up against the blood of the martyrs, and the ink of the scholars will be heavier than the blood of the martyrs.

Nahj al-Faṣāḥah, Saying #3222.

True reward lies with Allah, but we would like to sincerely thank the efforts of Shaykh Salim Yusufali, Brother Aliakbar Shaheidari, Sisters Sabika Mithani, Fatemah Mithani, Amna Hussain, Asieh Zarghami, Zahra Sabur, Sajeda Merchant, Kisae Nazar, Fathema Abidi, Fatemeh Eslami, Fatima Hussain, Fatemah Meghji, Zehra Abbas, Nida Syed, Zainab Hussain, and Abeda Khimji. We would especially like to thank Jamal an-Nashr Publications for their artwork and contributions. May Allah bless them in this world and the next.



Marḥūmīn Dedication

Please recite a Sūrah al-Fātiḥah for Marḥūmah Salma Kassam, a wonderful mother and dedicated teacher of Islam.

Preface

Prophet Muḥammad (ṣ): Nurture and raise your children in the best way. Raise them with the love of the Prophets and the Ahl al-Bayt (‘a).

Literature is an influential form of media that often shapes the thoughts and views of an entire generation. Therefore, in order to establish an Islamic foundation for future generations, there is a dire need for compelling Islamic literature. Over the past several years, this need has become increasingly prevalent throughout Islamic centers and schools everywhere. Due to the growing dissonance between parents, children, society, and the teachings of Islam and the Ahl al-Bayt (‘a), this need has become even more pressing. Al-Kisa Foundation, along with its subsidiary, Kisa Kids Publications, was conceived in an effort to help bridge this gap with the guidance of ‘ulamā’ and the help of educators. We would like to make this a communal effort and platform. Therefore, we sincerely welcome constructive feedback and help in any capacity.

The goal of *My Allah Series* is to help children form a loving and positive relationship with their Creator and leave them wanting to know more about Allah. We hope that you and your children enjoy these books and use them as a means to achieve this goal, inshā’Allāh.

We pray to Allah to give us the strength and tawfīq to perform our duties and responsibilities.

With Du‘ās,
Nabi R. Mir (Abidi)

About the Board ‘Ālim

Moulana Nabi R. Mir (Abidi) is a scholar, an educator, a father, and an enthusiast for creating educational infrastructure and Islamic resources for the benefit of the global community. Always wanting to think outside the box by supporting the creation of innovative materials to engage young readers to pick up Islamic books, interact with Qur’ānic games, learn from the Steps to Perfection Curriculum and begin their life long journey of holistic education.

Being a dedicated student and graduate of Darse Khārij from Ḥawzah, Moulana Abidi knows the value of Islamic education. Also, growing up in India while now residing in the United States, he has had the honor to meet with various communities and community leaders, and values the importance of collaboration and working together to optimize potentials and to create open source platforms so information and resources are available and accessible to all.

* * *

You, dear reader, are now part of the Al-Kisa family. Share the word, and join the mission.



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PARENTS' CORNER

وَمَا مِنْ دَابَّةٍ فِي الْأَرْضِ إِلَّا عَلَى اللَّهِ رِزْقُهَا

*There is no animal on the earth except that its sustenance lies with Allah
(Sūrah Hūd, Verse 6)*

Dear Parents/Guardians,

Allah is our Rabb, Nurturer, and Provider. He created us and takes care of us. We see that He provides and takes care of every creature, even the smallest of them. It is very important to emphasize to your children that Allah created us, loves us, and takes care of us. You see, when children realize that Allah created them, their parents, all their favorite foods, and favorite animals, they will develop a sense of appreciation and gratitude towards Allah. When children understand that Allah is our Sustainer and takes care of us, this will help strengthen their love and need for Allah. Together, these two qualities will allow children to make good choices that will please Allah.

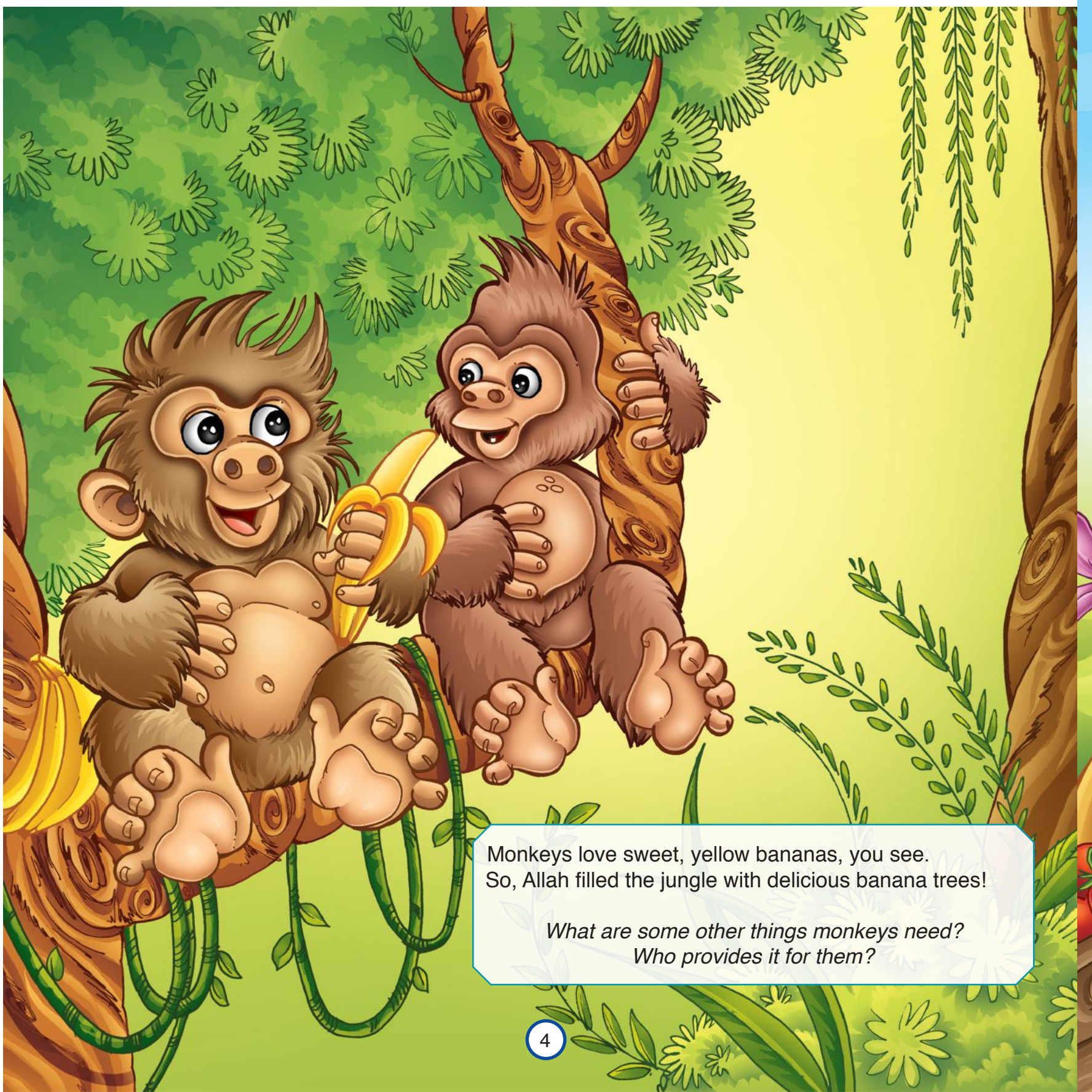
It is also important to help children realize that Allah has created and allocated appropriate blessings for each creature to help it reach its full potential. The potential of the human being is to reach perfection and live its life in the servitude of Allah. We should emphasize to our children that Allah gives us all of these blessings so we are able to make good choices, become better people, get closer to Allah, and attain His pleasure.

With Du'ās,
Kisa Kids Publications



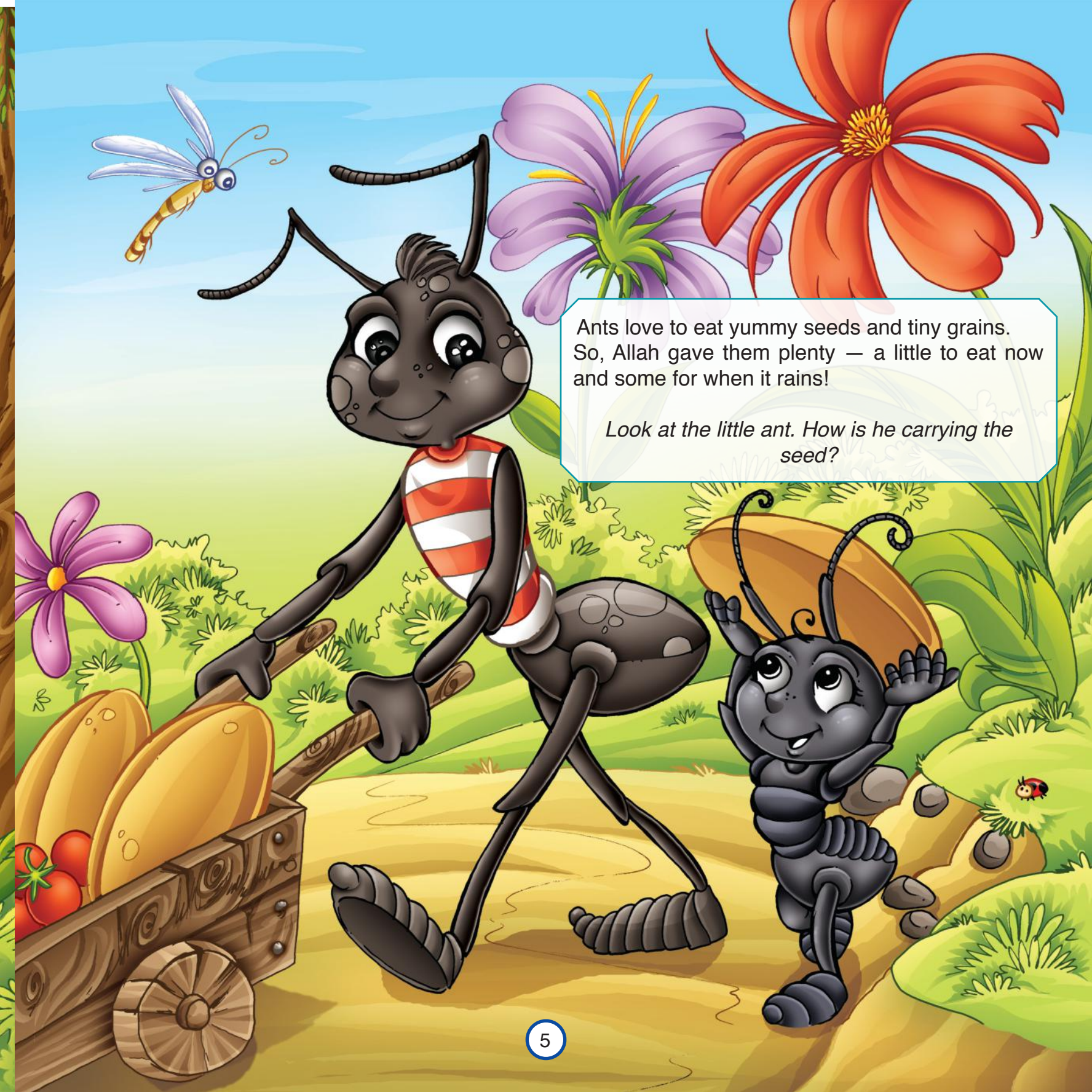
Allah created many yummy foods for us to eat.
He created fruits, vegetables, nuts, and even meat!

What does your mom feed you?



Monkeys love sweet, yellow bananas, you see.
So, Allah filled the jungle with delicious banana trees!

*What are some other things monkeys need?
Who provides it for them?*

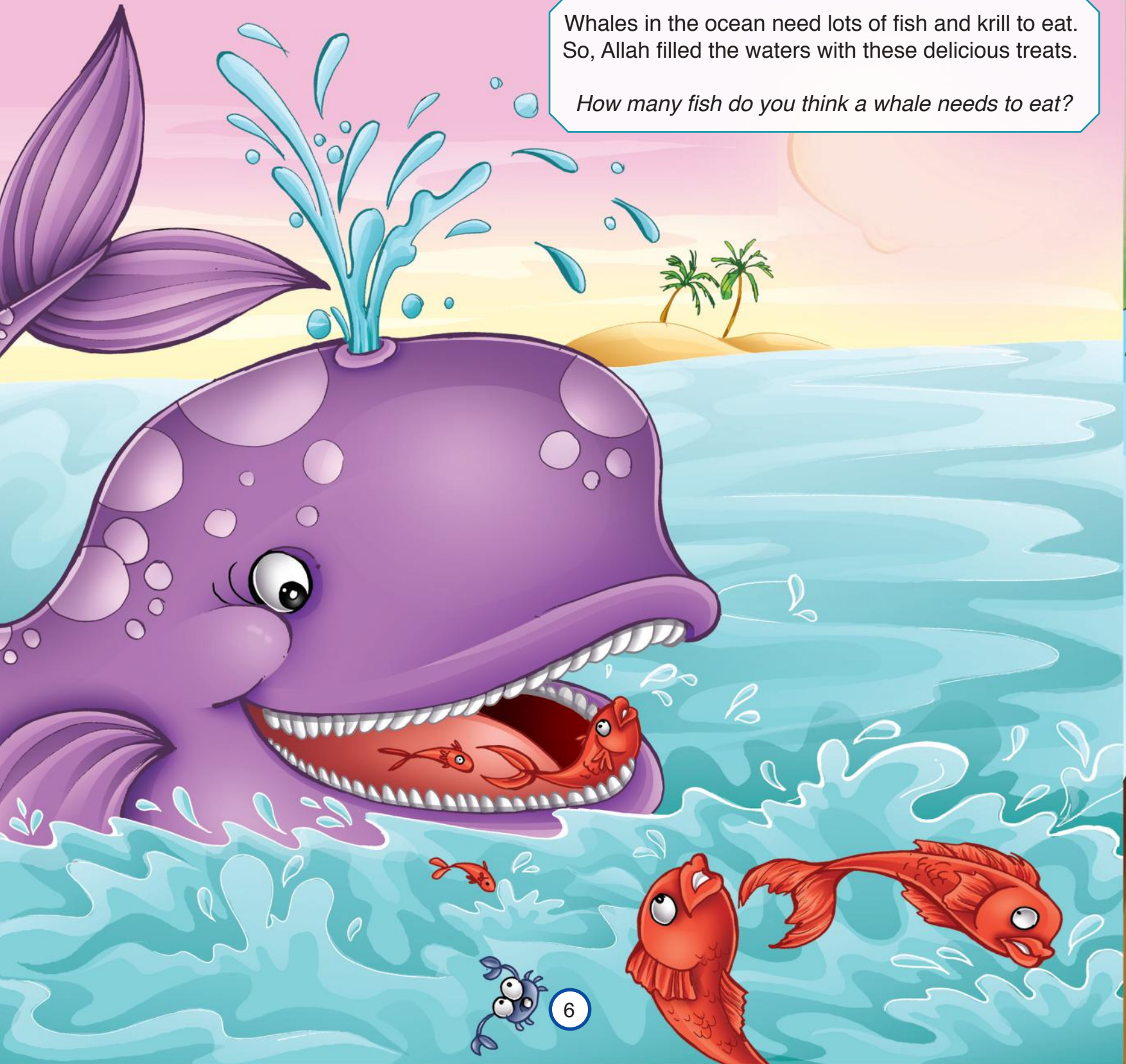


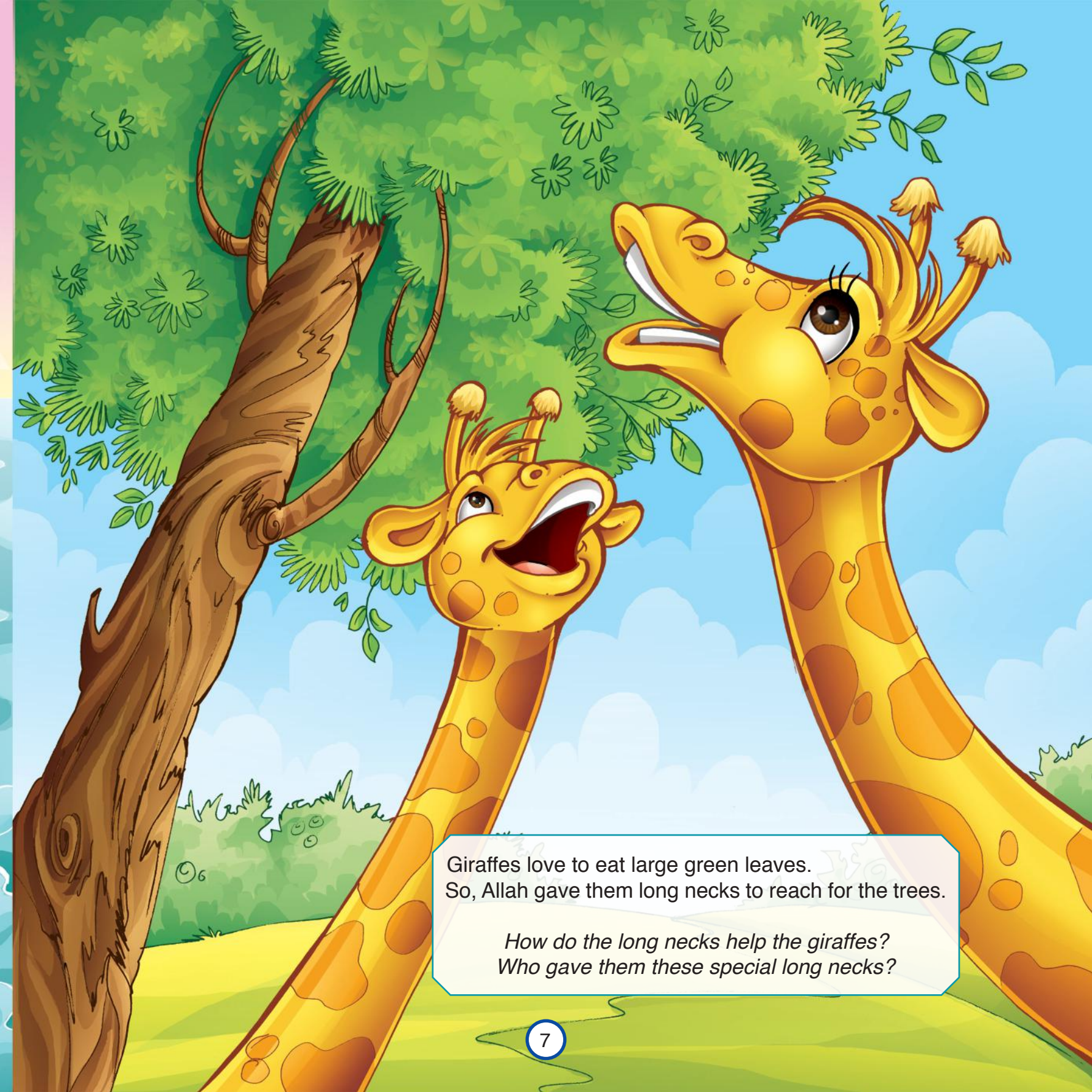
Ants love to eat yummy seeds and tiny grains.
So, Allah gave them plenty — a little to eat now
and some for when it rains!

*Look at the little ant. How is he carrying the
seed?*

Whales in the ocean need lots of fish and krill to eat.
So, Allah filled the waters with these delicious treats.

How many fish do you think a whale needs to eat?





Giraffes love to eat large green leaves.
So, Allah gave them long necks to reach for the trees.

*How do the long necks help the giraffes?
Who gave them these special long necks?*

Camels in dry deserts love to eat grass.
So, Allah put it in places that they are sure to pass.

*What do you think would happen to the camels if
Allah didn't make grass in the desert?*





Birds fly around, looking for worms to grab and pick.
So, Allah gave them wings to help them find food for their chicks.

Why are the baby chicks opening their mouths?



Hungry lions hunt to get meat they love to eat.
So, Allah gave them claws, paws, and super sharp teeth!

*What did Allah give the donkey to be able to run away
quickly from the hungry lion?*





Rabbits love to eat carrots that are orange, long, and big.
So, Allah created carrots in the ground for them to claw and dig.

How many rabbits and carrots do you see in the picture?



Allah even takes care of the little babies, you know!
He gives their mommies milk, so they can become strong and grow.

Allah remembers everyone and gives them what they need.
He does not need anything, it is us that He feeds!

What are some things Allah has given you?

FAMILY INVOLVEMENT!

From this story, your children learned how Allah gives us food. To emphasize the main objective of this book, please try to do the following:

- Reread *Allah Gives Us Food* with your children. Young children crave repetition and become more familiar with a book the more they read it.
- Ask your children to list some of their favorite foods. After each one, ask who made it and teach them to say alḥamdulillāh to thank Allah.
- When going to a restaurant, remind your children that this food is also being provided by Allah.
- If you go to the zoo or see animals, ask your children where they think these animals get their food. Who is providing them the food?
- For older children, try to make a connection between the animal and the type of food they need. Marvel on how Allah has made it all possible. For example, squirrels eat acorns, so Allah gave them the ability to climb trees, store them over the winter, and find them months later! Subḥānallāh!

Transliteration Chart

Arabic terms in this book have been transliterated according to the following guidelines*:

ء	a, i, or u (initial form)	ض	ḍ
ء	'(medial or final form)	ط	ṭ
ا	a	ظ	ẓ
ب	b	ع	ʿ
ت	t	غ	gh
ث	th	ف	f
ج	j	ق	q
ح	ḥ	ك	k
خ	kh	ل	l
د	d	م	m
ذ	dh	ن	n
ر	r	ه	h
ز	z	و	w
س	s	ي	y
ش	sh		
ص	ṣ		

اَ	a	آ / اَ / اِ	ā
اِ	i	اِي	ī
اُ	u	اُو	ū
اَ اِ اُ	double letter		

*Please note that due to limitations, the transliteration is not 100% accurate in capturing tajwīd rules.

Glossary

(ṣ): Peace and blessings be upon Prophet Muḥammad and his family

(swt): All Glory belongs to God, the Glorified and Exalted

(‘a): Peace and blessings be upon him/her

(‘aj): May God hasten his reappearance

Ahl al-Bayt: Divinely appointed family members of Prophet Muḥammad (ṣ)

al-Fātiḥah: The first *sūrah* that is commonly recited and sent as a gift of prayer for the deceased

Alḥamdulillāh: All praise is for God

Allah: The Arabic term for God, a culmination of all His holy names and titles

Du‘ā’: Supplication; a deep connection and communication between an individual and God

Imām: A divinely appointed leader, sometimes refers to a spiritual leader

Inshā’Allāh: God-willing

Marḥūmīn: Someone who has passed away

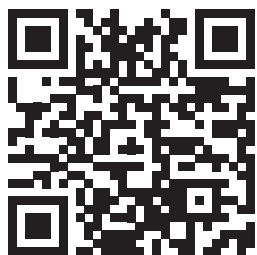
Qur’ān: The holy book of Muslims

SubḥānAllāh: All Glory and Praise belongs to God

Tawfīq: Divine blessings from God that give one the opportunity and ability to thrive towards success

‘Ulamā’: Scholars

Have you ever wondered where your food comes from? What about animals? How do they get their food? Who feeds the insects? Who puts the food exactly where we need it and will find it? Read *Allah Gives Us Food* to learn how Allah makes it possible for all of His creatures to get food!



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